Speedy Thai Green Pheasant Curry

This twist on the Thai classic is super easy and can be on the table within 20 minutes - perfect for a speedy mid-week supper.

Serves: 4

Prep time: 5 mins Cook time: 20 mins

Ingredients:

For the dish:

Itsp Vegetable oil
I Red onion, sliced
4tbsp Thai green curry paste
800g Light coconut milk
2tbsp Fish sauce
Juice of 2 limes

Itbsp Brined green peppercorns, drained and rinsed (optional)

200g Green beans, trimmed and rinsed

4x Pheasant breasts, cut into long strips

Handful of Thai basil leaves

To serve:

Cooked brown rice Coriander

Method:

- 1. Heat the oil in a medium pan, add the onion and fry for 2 minutes.
- 2. Tip in the green curry paste, and cook for another minute
- 3. Pour in the coconut milk, fish sauce, lime juice and peppercorns (if using) and bring to a simmer, then add the green beans and pheasant.
- 4. Cook for 5-7 minutes, or until the pheasant is cooked through
- 5. Just before serving, add the basil leaves. Serve with brown rice and coriander.